

Two weeks of activities that you can do without a car

1 Scarborough – Day 1

Walk up to Scarborough Castle, just about 10 minutes from here. On the way find Ann Bronte's grave in the church yard of St Mary's Church. Scarborough Castle is an English Heritage site and you can take as long as you need to fully explore. If you need a break there is a tea room in the 18th century Master Gunner's House. From the castle you can walk down through the old town to the south bay and you can walk along there past the marina and all the amusements, rock shops and other attractions. But, if you fancy a boat trip then from Vincent's Pier there are one hour long pleasure cruises to Ravenscar Cliffs, Smugglers Cove at Hayburn Wyke and Scalby Ness or sail south towards Filey Brigg, Gristhorpe Cliffs and Cayton Bay. Or from the West Pier take the MV Queensferry and try a coastal cruise and view seals at Casty Rocks, 4 miles south of Scarborough Harbour. These take about 1.5 hours.

2 North Yorkshire Moors Railway

Take the 128 bus and stop at Pickering – this takes about 55 minutes. From here you can catch the North Yorkshire Moors Railway, for which we have timetables displayed. The train runs through Levisham, Newton Dale, Goathland, Grosmont and stops at Whitby. You can get off and on at any of the stations – Goathland station was used as Hogsmead station in the Harry Potter films and of course Goathland is better known as Aidsfield in Heartbeat. Dependant on how long you spend at any of the stations you might have time to explore Whitby, but this can also be a full day's visit – see below. The bus from Whitby to Scarborough runs every hour and takes just under an hour. Or you can get the train back to Pickering and return to Scarborough from there.

3 Whitby

Take a bus from the train station (X93 to Middlesbrough). These run every 30 minutes and take about one hour to reach Whitby. Once you reach Whitby there are several places to visit – Whitby Abbey, The Captain Cook Memorial Museum, Whitby Museum, The Dracula Experience, for example. Also there are lovely little shops to explore and lots of jet jewellery stores (Jet in Whitby became popular since Queen Victoria was mourning for Prince Albert and could only wear black jewellery). You can find lots of places for lunch but the most well known restaurant is The Magpie Café, which specialises in fish dishes. You might also like to try award winning 'Greens' Restaurant, traditional 'Humble Pie and Mash' or 'Trenchers' for fish and chips.

4 Walk Through Raincliffe Woods

You can catch the number 13 bus from the bus stop on Queens Street. This will drop you at Lady Ediths Drive/Scalby Road (A171) from where there is a pleasant walk to Throxenby Mere along Lady Ediths Drive. From there follow the walks through Raincliffe Woods that you can find later in this file

5 Muston village and circular walk to see the landscape of Gristhorpe man

Muston is a lovely village just two miles south west of Filey. It has a conservation area and many listed buildings. The peaceful and sleep village is lined with country cottages, beautiful gardens and a community church. The Church of All Saints was rebuilt in early English style in 1863. Muston Hall stands well back from the road in the centre of the village. The oldest village house dates to 1724. Now The Ship in is the only pub in the village and this is where the bus number 121 will drop you.

The Muston Scarecrow Festival is an annual event and will be held this year from Saturday 26 July to Sunday 3 August.

When you have looked round the village try the 5 mile circular walk around the surrounding areas. Details of this are in the Car Free and Care Free folder.

6 Scampston Walled Garden

The Yorkshire Coastliner Bus 843 runs from the train station to Malton and stops on the way within one mile of Scampston Garden. As you get on the bus, ask for the stop at Scampston Lane End and the driver will be able to point this out to you if necessary. When you get off the bus, there is a sign that says 'Scampston Walled Garden only' and you walk down this lane to the garden entrance. This is a beautiful and peaceful walled garden that is pleasant to wander around and sit in. There is a guide to the plants and you can also buy plants from the shop. The restaurant is open from 10am to 5pm, serving coffee, light lunches and teas (many ingredients are grown in the garden or sourced locally).

7 Filey and Filey Brigg

Filey is a lovely, traditional seaside town with a 5 mile stretch of clean, sandy beaches. You can reach it on the 120 or 121 bus, or by train on the Hull line. The time tables are available in this folder.

Why not spend some time in Filey soaking in the atmosphere of this Edwardian town and then take a walk to the magnificent Filey Brigg, a natural rock promontory with interesting geology and marine life, where you can also see interesting plants, birds and insects.

8 Scarborough – Day 2

Take a walk through the town centre – along Westborough, the main shopping street, and turning left down York Place after the Brunswick Shopping Centre. When you reach the end of York Place you will see Biederbecks Hotel and then just after this - The Crescent. This is the location of the Scarborough Art Gallery, which has regular visiting displays and also Crescent Arts, which supports and promotes contemporary visual arts in Scarborough. When you have explored these you can follow The Crescent round and turn down Vernon Road. This will get you to The Rotunda Museum, which is open every day other than Monday. As well as being a fascinating showcase for geology and fossils, it is a beautiful building.

When you have seen all there is to see in these museums and galleries, walk down towards the Spa and catch a shoreline cruiser bus. These run regularly from Easter to early November and will take you along the South Bay, round the coast to the North Bay and drop you finally at the former Corner Café site, near Peasholm Park. But you can get on and off at any of several points en route.

9 Cleveland Way

There is information in this folder about the Cleveland Way, which in total takes about 9 days. However you could walk a section of it in a day. For example:-

- a. Take the X93 or 93 bus from Scarborough to Robin Hoods Bay and walk the coastal path to Ravenscar. This is a walk of about 8.5 miles. You can then get the 115 bus from Ravenscar back to Scarborough.

If you don't fancy walking then you could just go to either Robin Hoods Bay or Ravenscar, both of which are beautifully scenic and interesting places.

- b. You can also walk from Scarborough to Filey. This is about 9 miles. When you get there you take the 120 or 121 bus back to Scarborough.

If you wish to do this and would like more detailed information, please just ask.

10 Bempton Cliffs.

This RSPB site is one of the best places in England to see, hear and smell seabirds! More than 200,000 birds (from April to August) make the cliffs seem alive – with adults bringing food to their nests, or young chicks making their first faltering flights. The train journey takes 30 minutes and there is then a gentle 30 minute walk to the nature reserve. Take the Hull train from Scarborough Station. On foot, entry is free and you can then walk along the cliffs and visit all the viewing points. When I tried this I left Scarborough at 11.28 and returned at 16.10, which gave me plenty of time to explore the reserve. A full cost return train ticket costs £7.60. There is now a duo ticket on this train line, so if two adults are travelling, one can travel at half price. Bempton Cliffs are just north of Flamborough Head and north of Bridlington. This is about 15 miles. Bempton Cliffs are best for bird watching between March and mid July.

11 Scarborough - Day 3

Have you been to Peasholm Park yet? You can have a peaceful stroll around the park with its boating lake, tree trail and twice weekly (Thursday and Saturday afternoons in the main summer season) naval warfare battles. There are grey squirrels, ducks and geese to see and a wealth of interesting trees, which you can explore with a tree trail leaflet which you can get from the Boat Deck in Peasholm Park. It's also easy to catch the North Bay Railway from here and take a ride to the Sealife Centre. This is the pyramid buildings you can see from the front of Phoenix Court. It is an interesting place with seals, otters and penguins, touch pools, coral areas, amongst other things. There's a mini golf course, café, or if you want somewhere a bit different to eat try the pub just beyond the Sea life car park - Scalby Mills.

The open air theatre area is transformed during summer months with places to eat, water walkers, the water chute and new for 2014 and aerial walk way. As well as all this, in 2014 the open air theatre is hosting Status Quo, McBusted, Little Mix, Jessie J, Last night of the Proms, Legends of Pop and Boyzone. From Peasholm Park it's just a short walk back to Phoenix Court.

It is possible to book a beach hut on the North Bay, they get very booked up but the Sands Office, next to Nisa can give you availability or prices.

12 Stephen Joseph Theatre

The Theatre brochures are displayed in the guest lounge. Throughout the season a number of plays are shown in the evenings and afternoons. Ask us about the schedule during your stay and we can book tickets for you if you wish. From 19 April to 4 October you will be able to undertake a guided walk through Scarborough with poems for comfort. For £4 per person you get an IMP3 player, headphones and an illustrated map.

13 Castle Howard

Catch the 843 Coastliner Bus from Scarborough Station to Malton Bus Station. Stephenson's of Easingwold bus number 183 leaves Malton Bus Station and will take you to Castle Howard. In the early part of 2014 the timetables are about to change but we can help you with these if you are wanting to try this route to Castle Howard. As well as the magnificent house and grounds to look round there's also a farm shop, garden centre, book shop, bistro and coffee shop.

Obviously not on the same day as Castle Howard, but it is also possible to get to **Burton Agnes**, another beautiful stately home, by using the 121 bus from Scarborough. It takes just under 1.5 hours to reach Burton Agnes village, but this leaves plenty of time to explore. The house isn't as big as Castle Howard, but is just as lovely to look round and interesting to explore.

14 Hire a Bike and follow a trail

There are a number of bike hire locations later in this folder but there's a company called Let's Bike, who operate from Scarborough and will deliver bikes to Phoenix Court for you or to a location you wish to start from. They also do guided bike rides on road or trail riding in the Scarborough area that will be tailored to your interests, needs and abilities. If you let us know what you are looking for we can phone them for you prior to or during your stay. They hire out adult and kids bikes, tandems, tag a longs and trailers. So if you like cycling, but don't know exactly where to go, Let's Bike can help you.

If you are cycling with children then it might be fun to do a treasure trail together with your ride. There are 21 routes around North Yorkshire including the Yorkshire Coast, the Yorkshire Dales National Park and the North York Moors National Park. They can be downloaded from www.treasuretrails.co.uk or ordered by phone and are designed to showcase the most interesting, beautiful and historic aspects of a place while you hunt for answers to intriguing clues along the way. These trails can be done by bike but also on foot.

